

COVID-19 Self Screening Questions

1. Do you have ONE or more of the following symptoms that is unusual for you: fever (temperature of 100.4°F or greater) or feel feverish; cough; shortness of breath/difficulty breathing; chills; repeated shaking with chills; muscle pain; headache; sore throat; loss of taste or smell; congestion or runny nose; nausea or vomiting; diarrhea; or general unwell feeling? Visit the CDC website for the most up-to-date list of symptoms.

Take your temperature using a reliable thermometer according to the manufacturer's specifications.

2. Are you treating fever, aches, and/or pains that are unusual for you with prescription or over-the-counter fever/pain reducers, such as Tylenol, Aleve, Motrin, acetaminophen, naproxen sodium, ibuprofen, etc.?
3. Are you treating a cough that is unusual for you with prescription or over-the-counter cough suppressants, such as Robitussin, Delsym, etc.?
4. If you are NOT fully vaccinated*, have you had any close contact with anyone who has, within the last 14 days, been suspected of having or diagnosed with COVID-19?

The CDC defines close contact as being within approximately 6 feet of an infected person for a cumulative total of 15 minutes or more over a 24-hour period. Additional factors that will be considered when determining the need for quarantine include proximity, the duration of exposure, presence of symptoms or respiratory aerosols, and other environmental factors.

Per CDC guidance, asymptomatic individuals who have been fully vaccinated* but have had close contact with anyone diagnosed with COVID-19 may report to work. They should also contact their employer for additional guidance including testing requirements.

5. If you are NOT fully vaccinated*, have you traveled internationally within the last 14 days? Per CDC guidance, asymptomatic individuals who have been fully vaccinated* may report to work. They should also contact their employer for additional guidance including testing requirements.
6. Are you currently infected with COVID-19?

Results and Actions

If you answered "yes" to any of these questions**:

- Contact your employer.
- Contact your medical provider.
- DO NOT enter or remain on a Southern Company site until you are cleared by your employer.

*Individuals are considered fully vaccinated:

- Two weeks after their second dose in a two-dose series, such as Pfizer or Moderna vaccines, or
- Two weeks after a single dose vaccine, such as Johnson and Johnson's Janssen vaccine

** If you answered yes to any of these questions and have recovered from a documented case of COVID-19 within the last 3 months contact your employer for guidance